

## Harrison-Clarksburg Health Department

330 W. Main Street Clarksburg, WV 26301 Phone:304-623-9308

Fax: 304-623-9364

From: Dr. Nancy Joseph, MD Contact: Joseph Bundy

Health Officer Executive Director

joseph.c.bundy@wv.gov

## **For Immediate Release**

## HCHD encourages public to continue decrease the spread of COVID-19

Clarksburg, WV (April 9, 2020, 2PM) —

Confirmed cases	United States 432,596	West Virginia 485	Harrison County 27
Total Deaths	14,831	5	1
Recovered	24,790		12

Harrison County as of Thursday, April 9, 2020 has not had a positive case of COVID-19 reported to the Health Department in the past 48 hours. We are cautiously optimistic that the increased efforts of social distancing and the commitment made by our essential services to continue operating while doing everything they possibly can to protect our community from this virus is working. Now is the time to maintain our vigilance and keep working on being **Separate-Together!** 

As we approach the Easter weekend, we encourage everyone to limit their groups to 5 or less, while maintaining a social distance of 6 feet apart. We need to continue to thoroughly wash our hands, not touch our eyes or mouth, and cover our coughs. Most important, if we are feeling ill, we must immediately isolate ourselves from others.

We are close to completing our third week of **Stay at Home.** It is important to maintain personal wellness by staying active, eating nutritional meals, and getting plenty of rest. One of the best ways to combat this virus is to remain strong and healthy. Lastly, it is important that we maintain mental wellness by reaching out to friends and family during these trying times by phone, video, and social media.

Please go to our website, <a href="http://hchealthdepartment.org/">http://hchealthdepartment.org/</a>, to find for local, state and federal information and guidance on Covid-19.

Important! CDC releases new guidance for essential workers exposed and confirmed Covid-19 return to work:  $\frac{https://www.cdc.gov/coronavirus/2019-ncov/community/critical-workers/implementing-safety-practices.html}{}$